

My Student Body (MSB) General Information

How do I log-in?

Visit <http://www.lsu.edu/shc/wellness/my-student-body.php> and click on the designated link.

What do I do once I get there?

If you are a first year student, you should complete the first-year student course, or Essentials Course. If you are sent for disciplinary reasons, then pick the judicial course. If you are there due to an education requirement for your sorority or fraternity, then choose the Greek course. If you are there for other reasons, use the drop-down menu to choose the most appropriate course for you.

Will you know what my answers were?

Your responses will be kept anonymous, and will not be associated with your name in any way. For those of you who are visiting MyStudentBody.com to fulfill a requirement, a completion certificate will be sent to the administrator you designate once you have visited all the sections of the course and passed the posttest, but this notification will not contain any information about your individual responses. We respect your privacy.

Why is LSU requiring this for first-year students?

There are numerous studies that show that the first few months of college are a very important time in the overall academic career of a student. In our experience at LSU, we have also observed that many of the alcohol-related disciplinary incidents occurring each semester involve first-year students. Additionally, in recent academic years we have had alcohol-related student fatalities, some of which might have been prevented if the victims or bystanders had been more knowledgeable about alcohol. We offer this program in the hopes that it will reduce alcohol-related disciplinary incidents and other problems for first year students here at LSU.

Who do I contact with additional questions?

If you have additional questions about campus procedures related to MyStudentBody.com, or if you need a disability accommodation, please contact the MSB Administrator in the Office of Wellness and Health Promotion by email at msb@lsu.edu.

If you are still having problems accessing the site after following the suggestions in the FAQs, please contact techsupport@mystudentbody.com. Also, be sure to review the information in the "Help" links at the bottom of each page of MyStudentBody.com, as many questions are answered there.

My Student Body (MSB) Frequently Asked Questions

I am a return user and have forgotten my user password. Help!

Enter your user name (your MyLSU ID) and click the “forgot password?” link (inside the user name/password box for returning users). A pop-up window will appear, type in your user name (your MyLSU ID) and click submit and you will see your password reminder.

I am taking an MSB course. The on some pages, I get a pop-up screen that says "Page Cannot Be Displayed". Why is this happening?

If you get a message that says, “page cannot be displayed” then hit the “refresh” button on your browser. If you continue to get this page, then close your browser completely, reopen it, and log back in. MSB will remember where you last left off in the course, and will automatically take you back there after you have logged in.

I want to print another certificate of completion. How do I do this?

Log into the MSB site as a return user. On the homepage, click “Take a Course” on the bottom left side of the page. You will see a list of courses. Select the course you completed, and it will bring you directly to the certificate to print it out again.

What software applications do I need to be able to view and hear everything on the website?

On the bottom of the homepage, you are able to download the three programs that MyStudentBody.com uses: [Adobe Acrobat Reader](#), Adobe Flash Player and RealPlayer.

I can't seem to see any tools or peer stories. Can you help?

A browser plug-in is required to view our (Flash) tools and animated peer stories. If you cannot see any tools or peer stories, you probably do not have this plug-in installed on your computer. You can download the “Macromedia Shockwave Player” for free by using the link at the bottom of any MSB page or by visiting the following URL: <http://www.get.adobe.com/flashplayer>.

I failed to pass the knowledge quiz numerous times in a row. I want to take it again, but it won't let me. What should I do?

The MSB course allows each student numerous attempts to pass the post knowledge quiz of any MSB course. If you have been denied access, contact the MSB Administrator in the Office of Wellness and Health Promotion by email at msb@lsu.edu.

I am trying to complete the required course at MyStudentBody.com. I have read all the articles and strategies, and the word "DONE" appears by each one, yet I can't seem to move on to the next section. What do I need to do?

You will be automatically transitioned to the next screen once you have completed all of the course content. Take a second to run through the lists of articles, strategies and tools. Make sure each item has the word “DONE” printed next to it. If not, then complete those areas. To complete each section, you must select the “Return to Course” button at the bottom of the page. Hitting the back button will NOT register the piece as completed.

If the word DONE appears next to each article, strategy and tool, and you are convinced that you have read all course content, but you are still stuck, then do the following:

1. Close your browser completely
2. Reopen it
3. Visit www.lsu.edu/shc/wellness/my-student-body.php and click on designated link to log back in to where you last left off in the course, and will automatically take you back to your last stopping point after you have logged in, to continue on to the post knowledge quiz.

If this does not work, please send an email describing the problem to techsupport@mystudentbody.com.

My sound doesn't work? How do I fix it?

You should first check your computer to make sure your speakers are correctly hooked up and turned on. Turn your speakers up to a volume that is comfortable for you, and restart the segment that uses sound. For privacy, if you are visiting MSB from a public place like a computer lab, you may want to use headphones to listen to the audio segments

I can't seem to print out the Rate Myself risk assessment feedback. What am I doing wrong?

In order to print out your Rate Myself feedback, you need to complete the set of questions in any of the four Rate Myself areas. You will then be brought to the feedback page, where you will see a graphical display of your results at the top, and color-coded text feedback below. To print this report, select "print" on your browser and make sure your printer is turned on.

If you return to MSB and want to print out a feedback report you have completed on a prior visit, click on "Rate Myself" and click on the "VIEW REPORT" icon next to the Rate Myself section you would like to print.

Why can't I view bar graphs in the Rate Myself reports?

If you are unable to view the bar graphs in the Rate Myself risk assessment reports or in the MSB Administrator reports, then you should first go to "Internet Options" on your browser menu ("Advanced" tab), and make sure "java script" and "java applets" are enabled [check mark is ON].

If you are still unable to see the graphs, this may be because a small number of browser versions do not have the Java plug-in, or are not set to use it. Get the free plug-in and helpful tips by visiting www.java.com.

I don't have a printer, so I can't print the certificate of completion. I tried to print my certificate on a friend's computer, but it didn't work.

JavaScript must be enabled on your browser in order to print the course Certificate of Completion. If you do not have a printer, cannot change your browser settings, nor find a computer that will print the certificate, you may use the online form to email the certificate to the instructor or staff member who requested it.

Where can I get references for the content on MSB?

All MSB content was developed with input from college students as well as experts in the field. Content is reviewed on a regular basis by our editorial staff and Advisory Board in order to keep all referenced research and statistics current. For further reading on any topic covered in MSB, click on the “references” link at the bottom of any article to find a list of related literature.

How do I get back to the homepage?

No matter where you are in MyStudentBody.com, you can always click on the black and white MyStudentBody.com logo at the top left of your screen. This will take you back to the MSB Lobby.

What do you mean by “personalized information”?

Based on how you answer the questions in Rate Myself, you will receive immediate tailored feedback that is relevant to you and your lifestyle. You will also be directed to content marked with a yellow checkmark that is relevant to your behaviors.

How can I find information that relates to my school, and where I live?

At the top right of every page of the website, you can find the EMERGENCY INFO section, which contains emergency contact information at your school. The “Alcohol State Laws” tool in the “Trouble Brewing” section of the website contains alcohol-specific laws that you can search by state.

I'm under 21. How do I make sure no one sees my answers about my drinking?

All of the information you give us is completely confidential. You do not have to worry about anyone seeing it.

There is an alcohol-related issue that should be addressed on the website. Who should I write to?

On the bottom of each page of the website, you will see a link to "Contact Us." You can submit your comments and suggestions there.

What do I do if I am still having problems?

Please review the “Course Help” Links at the bottom of the page after logging in to www.mystudentbody.com.

If you are having technical problems (pages not opening correctly, tools not working), please contact techsupport@mystudentbody.com with a description of your problem, and the steps that you took immediately prior to the problem.

If you need more information about how MSB is used here on campus, or a disability accommodation, please contact the MSB Administrator in the Office of Wellness and Health Promotion by phone at 225/578-5718 or by email at msb@lsu.edu.